

ACTIVITIES for CHILDREN



The Fairview Parks & Recreation Authority (FPRA) will not be holding American Red Cross Swimming lessons this fall. We are sorry for any inconvenience this may cause. Please refer to future issues of **THE VIEW** for possible class offerings.

FAIRVIEW FINS SWIM CLUB

This is a conditioning and technique focused team that will cover technique training for all four competitive strokes: Freestyle (front-crawl), Backstroke (back-crawl), Breaststroke and Butterfly. While it is not required, it is highly recommended that your swimmer be familiar with at least the front-crawl and back-crawl and be able to complete 100 yards (4 lengths of the pool) with little to no stopping. Anyone interested in participating in the USA Swimming competitions should talk to coach Kathy.

Practices will be held Monday thru Thursday, August 31 thru November 25. There will be two days TBD that will be cancelled due to home water polo matches. When the FPRA receives those dates from the FSD Coach Kathy will announce them.

Grades K-4

Fee \$120.00
Time 5:15-6:15PM



Grades 5-12

Fee \$160.00
Time 6:15-7:45PM

All programs are available to Fairview residents and non-residents alike.

The Fairview Parks & Recreation Authority Board of Directors meets the second Tuesday of every month at 7:00 pm in the Fairview Township building. The public is welcome to attend & encouraged to bring new program ideas that will benefit the community.

This program guide & registration form are also available at www.fairviewtownship.com

You can call 814-474-5077 or email parks-rec@fairviewtownship.com

Office hours are M-F from 10:00 a.m. - 4:00 p.m.

For your convenience, you may drop your registration/waiver form in our package drop box accessible 24/7. This is located to the right of the front entrance doors to the Fairview Township building.

CREATIVE MOVEMENT

Fee	\$64.00 per Session
Site	Avonia Beach Park 101 Avonia Road Fairview, PA 16415
Day	Wednesday
Date	September 9 thru October 28
Time & Ages	Session 1 - 10:00-11:00AM for ages 3-4 (children in first year of pre-school) Session 2 - 11:15AM-12:15PM for ages 4-5 (children in second year of pre-school)
Instructor	Anne Martens, <i>Pilates Method Alliance Certification</i>



This class is based off of the children's book series "Move with Me", and will incorporate story-time into the sessions. Our theme for this series is autumn and will include movement and pretend activities based on a fall theme. Through movement exploration, instruction will nurture each individual's natural and unique way of expression. With various activities the class will emphasize participation, listening skills and watching skills in a fun, creative environment. Children should dress comfortably and will be required to remove their shoes, so they should be wearing or have available socks. Please bring own water. **Minimum 4 participants needed to hold either Session, maximum of 10.**

Gaining Access to the Fairview High School Pool

To gain access to the pool, you must use the north entrance of the Fairview High School (side with the stairs). Please press the blue "POOL" button to the far left of the entrance doors. This will buzz the pool and let the instructors/lifeguards know you are there. A camera will also display you at the pool via a monitor. If the instructor/lifeguard knows you are there for swimming, they will press a button from the pool deck to release the door to let you in. If the instructor/lifeguard does not know who you are, they will call you over a speaker system and you will be able to respond. Once they verify that you have arrived for a Rec Authority swim program, they will press the button to release the door for you.

AFTER SCHOOL SPORTS FUN

Fee	\$30.00 per child
(REGISTRATION & PAYMENT MUST BE SENT TO THE REC. OFFICE, NOT TO THE SCHOOL. THANK YOU.)	
Site	Fairview Elementary School Gymnasium & outdoors if weather permits
Day	Monday thru Thursday
Time	3:30-4:30PM
Ages	CUBS (Grades K-2)
Dates	Session 1- September 21 thru 24 Session 2- October 19 thru 22 Session 3- November 9 thru 12

OR

Ages	TIGERS (Grades 3 & 4)
Dates	Session 4- November 16 thru 19
Coach	Aaron Garrity, <i>FES Teacher</i>

This is an after school intramural sports program that enables your child to be active while having fun with their peers. A focus will be to teach the correct fundamentals and skills in a variety of different sports and activities. The skill work, sports, and activities are geared toward being age appropriate. Learning skills such as listening, confidence, cooperation, following directions and team work will also be focused on throughout each session. All sessions are **different**...they include activities and games to keep the children active and having fun. A snack and drink will be provided right after school before all gym activities begin. **A minimum of 8 students are needed to hold the program.**

INTRAMURAL BOYS SOCCER FOR GRADES 5 & 6

Fee	\$30.00
Site	Fairview Middle School Fields
Time & Days	TBD (<i>Coach will email practice schedule to all registered participants.</i>)
Date	September 8 thru October 30
Instructor	Jim Hrinda
Skills & intramural games for boys in grades 5 & 6.	

BOYS 5 & 6 GRADE BASKETBALL TRAVELING TEAMS

Fee	TBD
Site	Fairview Middle School Gymnasium
Time	6:00 - 8:00PM
Dates	November 2 thru February 25
Coach	Bill Corbin

Practices & game schedules TBA. Registration/waiver forms are **absolutely necessary** to participate starting with open gym dates, tryouts & the regular season. **Children participating in the 5th & 6th grade Traveling Teams are encouraged to join Mini League.**



LACROSSE CLINIC FOR GIRLS & BOYS

Fee	\$30.00 (must supply own stick)
Site	Pleasant Ridge Park Field
Day	Monday & Wednesday
Time	5:30-7:00PM
Date	September 8* thru October 7
Ages	Grades 4 thru 8
Instructors	Girls: Bruce Gebhardt Boys: Pat Timon and the MS Lacrosse Coaches

In a camp-like atmosphere, the fall clinic is designed to introduce new players to lacrosse and to develop returning players' skills. For new players considering the fastest growing sport in America, this camp is the perfect time to try out lacrosse and the Fairview program! Girls and boys will practice separately and players will be placed in practice groups that match their skill level. All players need to have a stick (team has a limited number available for loan). In addition, returning boy players must also wear gloves and helmet. All players will receive a Fairview lacrosse shirt with their fee. Please contact Pat at pjtimon@msn.com with questions for boys and Bruce at BGebhardt@svhs.org with questions for girls. ***First day of Clinic is Tuesday due to Labor Day.**

BOYS MINI LEAGUE BASKETBALL

Fee	\$40.00 (includes free t-shirt)
Site	Fairview Middle School Gymnasium
Dates	December 5 thru February 6 (No basketball December 26 & January 2)
Day	Saturday
Ages	Grades 3 & 4 from 12:30 – 1:30PM Grades 5 & 6 from 2:00 – 3:30PM
Coach	Bill Corbin

Fairview mini league is a way for young athletes to learn the game of basketball in a fun filled environment. Players will learn fundamentals including passing, shooting, ball handling, and pivoting. They will also see a lot of playing time. The ideals of good sportsmanship will be consistently reinforced.



KIDS FUN NIGHT OUT

Fee	\$15.00 per person/\$10.00 for each additional family member
Site	Fairview Elementary School Gymnasium
Day	Friday
Time	6:30-9:30PM
Date	September 11, 25, October 9, 23, November 6 & 20
Ages	Open for ages 5 and up
Instructor	Aaron Garrity, <i>FES Teacher</i>

Kids Fun Night Out is a fun filled evening that allows your child to interact with their peers. There will be plenty of age appropriate games, contests, and activities to keep the interest of all involved. Parents enjoy a Friday night kid free! Pizza and drink will be served. You may pay when you attend.



TRANQUIL LAKE QI GONG

Fee	\$40.00 for Session 1, \$30.00 for Session 2
Site	Avonia Beach Park 101 Avonia Road Fairview, PA 16415
Day	Tuesday
Time	11:00AM-12:00Noon
Date	Session 1- September 1 thru 22 Session 2- October 6 thru 20
Ages	15 and Over
Instructor	June Braun, <i>Certified Qi Gong Instructor, Reiki Practitioner, Licensed Practical Nurse</i>



The art of Qi Gong primarily consists of meditation, relaxation, physical movement, mind-body integration, and breathing exercises. Millions of people over thousands of years have benefitted from the benefits of Qi Gong, gaining a healthier, more fulfilling life and reducing risk of disease. Start your day right with this beneficial exercise. Please bring your own water.

ACTIVITIES for CHILDREN and ADULTS

YOUTH & ADULT SOCCER

You MUST PRE-REGISTER at the FPRA Office prior to participation!

Fee	\$3.00 per night
Site	Fairview Middle School Gymnasium
Day	Monday
Time	8:00-10:00PM
Date	August 31 (no class September 7) thru November 23
Ages	16 and over

Play pick up games and get some exercise with competitive fun. **You must pre-register with the FPRA Office at least one day in advance but may pay when you attend. Unregistered walk-ins are not permitted.** Even though you will be pre-registered you must still sign-in & pay nightly.

COMPETITIVE BADMINTON

You MUST PRE-REGISTER at the FPRA Office prior to participation!

Fee	\$30.00 per person for the session or \$5.00 per night
Site	Fairview Middle School Gymnasium
Day	Thursday
Time	8:00-10:00PM
Date	August 27 thru November 19
Ages	17 & Over



Not a backyard game. You should have experience playing and must provide your own racket. **You must pre-register with the FPRA Office at least one day in advance but may pay when you attend. Unregistered walk-ins are not permitted.** Even though you will be pre-registered you must still sign-in & pay nightly.

SERENITY SUNSET QI GONG

Fee	\$40.00 per Session
Site	Avonia Beach Park
Day	Thursday
Time	7:00-8:00PM
Date	Session 3-September 3 thru 24
AND	
Site	Fairview Middle School Multi-Purpose Room*
Date	Session 4-October 1 thru 22
Ages	15 and Over
Instructor	June Braun, <i>Certified Qi Gong Instructor, Reiki Practitioner, Licensed Practical Nurse</i>



Join June at Avonia Beach Park for beautiful sunsets and relaxing Qi Gong; The art of meditation, relaxation, physical movement, mind-body integration, and breathing exercises. Millions of people over thousands of years have benefitted from the benefits of Qi Gong, gaining a healthier, more fulfilling life and reducing risk of disease. Please bring your own water.

***You must pre-register with the FPRA Office prior to participation.**



OPEN RECREATIONAL SWIM

(Passes may only be purchased at the pool)

➔ You MUST PRE-REGISTER at the FPRA Office prior to participation!

Family Pass	\$75.00
Individual Pass	\$30.00
55/Plus Pass	\$27.00
Per person	\$3.00
Site	Fairview High School Pool
Day	Tuesday
Time	8:00-9:00PM
Date	September 1 thru November 24

All adults that would like to participate in the Open Rec Swimming program (including parents of children attending) must pre-register with the FPRA office at least one day in advance. We must have your information in order to be granted entry to the Fairview High School. Everyone must still sign in and pay daily (exact change is appreciated). Bathing caps required for shoulder length hair, no cutoffs or t-shirts allowed. Pool users must be 10 years of age and able to swim one length of the pool unless accompanied by a parent or legal guardian. Please be respectful of school property and do not throw and/or leave items in/around the pool.

ACTIVITIES for ADULTS

PILATES FUSION

Fee	\$32.00 per Session
Site	Avonia Beach Park 101 Avonia Road Fairview, PA 16415
Day	Wednesday
Time	9:00-9:45AM
Date	Session 1- September 9 thru 30 Session 2- October 7 thru 28
Ages	18 & Over



Instructor Anne Martens, *Pilates Method Alliance Certification*
Pilates Fusion is a 45-minute workout and will focus on Pilates conditioning to address the core (abdominals, lower back, pelvic floor, buttocks and inner thighs). The class will also fuse light-resistance training to address strengthening the entire musculo-skeletal system. The class is designed to balance Pilates training with exercises for bone strength. Please bring your own water. Minimum 4 participants needed, maximum of 10.

INDOOR WALKING

➔ You MUST PRE-REGISTER at the FPRA Office prior to participation!

Fee	\$5.00 per pass for entire session OR \$1.00 per person per night
Site	Fairview Middle School Hallways
Day	Monday thru Thursday
Time	6:00-8:00PM
Date	August 31 thru November 12 (No walking Sept. 7, 29, Oct. 12 & 26)

Join our walking club in the hallways of the middle school. Walk for either time or distance. **You must pre-register with the FPRA Office at least one day in advance but may pay when you attend. Unregistered walk-ins are not permitted.** Even though you will be pre-registered you must still sign-in nightly. **Passes must be purchased on site.**

MEN'S OPEN BASKETBALL

➔ You MUST PRE-REGISTER at the FPRA Office prior to participation!

Fee	\$3.00 per night
Site	Fairview Middle School Gymnasium
Day	Wednesday
Time	8:30-10:00PM
Date	August 26 thru November 25
Ages	30 and over

Play pick up games and get some exercise with competitive fun. Signed waivers are a must. **You must pre-register with the FPRA Office at least one day in advance but may pay when you attend. Unregistered walk-ins are not permitted.** Even though you will be pre-registered you must still sign in nightly.





ART WITH BRIAN:

CHICKADEE

Fee \$45.00 (All materials included!)
 Site Brugger House at Avonia Beach Park
 Day Wednesday
 Time 6:00-8:00PM
 Date September 9
(Must register by 4pm, Sept. 8)
 Ages 21 and over
 Instructor Brian Payne



Learn to create an acrylic painting with a watercolor method. Come on out and enjoy a fun filled evening as we paint this friendly Chickadee as he ushers in the fall season. Step-by step instruction provided by local artist Brian Payne as he helps you create an original canvas painting. All materials included. You may bring whatever food and beverages you wish. **Minimum 10 people needed to hold the class, 21 maximum.**

AUTUMN TREE

Fee \$45.00 (All materials included!)
 Site Brugger House at Avonia Beach Park
 Day Wednesday
 Time 6:00-8:00PM
 Date October 14
(Must register by 4pm, Oct. 13)
 Ages 21 and over
 Instructor Brian Payne



Majestic and full of color, this treescape is a great painting you can do! Join us as we create this vibrant and picturesque Autumn Tree using acrylics with a watercolor method. Step-by step instruction provided by local artist Brian Payne. All materials included. Bring your friends and any food and/or drinks you may want and enjoy a beautiful fall evening at Avonia Beach Park! **Minimum 10 people needed to hold the class, 21 maximum.**

SNOW MAN BUDS

Fee \$45.00 (All materials included!)
 Site Schoolhouse at Manchester Farms
 Day Thursday
 Time 6:00-8:00PM
 Date November 19
(Must register by 4pm, Nov. 18)
 Ages 21 and over
 Instructor Brian Payne



Continuing the series of the popular snowmen, here are two characters that you can create and make your very own. One of our most popular themes, this is your chance to come out and enjoy a fun filled evening as we paint these two whimsical snowmen! Keep for yourself or give as a gift, these snowmen are sure to put a smile on anyone's face! Come early and enjoy some food and drinks at the Swan Tavern downstairs or order during the class. It's sure to be fun! **Minimum 10 people needed to hold the class, 32 maximum.**

FINANCIAL WORKSHOPS*

Fee \$10.00/Person/Session
 + \$4.75 one-time Workshop Binder fee
 Site Fairview Elementary School Library
 Time 7:00PM
 (Q & A time will be available after each Session)
 Ages 18 and over (Maximum 20 people per Session)
 Instructor Stephen Jurrissen, Edward Jones Financial Advisor
 Day Tuesday
 Date

September 15

Session 1: Foundations of Investing (30 min.)

Provides participants with rules for investing such as developing a strategy, choosing quality investments, diversifying your portfolio, investing for the long term and focusing on what you can control.

September 22

Session 2: Retirement by Design (40 min.)

This session illustrates how you can translate your vision for retirement into tangible goals. Whether you are 10 or 40 years from retirement, you'll learn investment strategies to help design the retirement you want. We'll also discuss how you can add flexibility to your strategy to help you handle unexpected events and how you can keep your strategy on track.

September 29

Session 3: Roll It, Take It, Leave It, Move It: Know Your Employer Retirement Plan Options (30 min.)

By the end of this session participants should have a solid understanding of the benefits and disadvantages of each employer retirement plan distribution option as it pertains to their individual situations. This session will also cover why it's important to start saving now, suggests two additional tax-advantaged ways to save outside the employer plan, and encourages rollover of money from previous employer plans.

October 6

Session 4: Stocks-The Nuts and Bolts (50 min.)

This Session teaches basic information to help investors evaluate if stocks fit into their overall strategy. Discusses common vs. preferred stock, dividends, investment strategy and different ways to own stock.

October 13

Session 5: Focus on Fixed Income & Tax-free Investing: It's Not What You Make, It's What You Keep! (45 min.)

Designed for people who are interested in creating a reliable stream of income. Focuses on bond characteristics and features as well as key strategies to get the most out of your fixed-income investments. Discusses the benefits and considerations of choosing investments that offer tax advantages.

October 20

Session 6: An Investor's Tour of Mutual Funds (35 min.)

Provides a detailed look at the features, benefits and risks associated with this type of investment. This Session gives guidance to help empower you as you explore the multitude of funds available.

**By offering these classes the FPRA is not endorsing Edward Jones Investing*

In cases of financial hardship scholarship applications are available upon request.



EVENTS AT PLEASANT RIDGE PARK

Located at 8271 Barker Road, Girard, PA 16417

**FREE MOVIE NIGHT
on the LAWN***

Friday, August 21st at Dusk

The 2014 motion picture "PADDINGTON" will be presented for FREE on a huge screen on the lawn at Pleasant Ridge Park on Friday, August 21 starting at dusk. You may bring your own blankets, pillows, chairs, food and non-alcoholic beverages to the event. Popcorn, pop and kids drinks will be available for purchase. Food vendors may also be on site. This event will be cancelled if there is severe weather. For further details or questions please contact the FPRA office at 814-474-5077 or visit www.fairviewtownship.com. **Sponsored by the Fairview Parks & Recreation Authority and Northwest Savings Bank.**



**Originally the 2015 Walt Disney Movie "Cinderella" was going to be shown, however it is no longer available for us to show. We apologize for any confusion or inconvenience this may have caused.*

Win PADDINGTON on Blu-ray and DVD! When you attend the Free Movie Night you can enter your name into a free drawing (one entry per person) to win **PADDINGTON** at the end of the showing. **Good luck and see you at the movie!**

**Shannon Teeter's
Memorial
NIGHT LIGHT 5K RUN/WALK**

Saturday, September 5, 2015

Hosted by the Fairview Parks & Recreation Authority



Pre-registration discount available before 8/20/15. Forms available online at www.fairviewtownship.com or at the FPRA office.

- "Day of" Registration opens at 6:45PM at the Park
- Run/Walk begins at 7:45PM on candle lit course
- FREE T-shirt & glo necklace to all participants
- Pig roast and social gathering to follow race
- **BYOB & PLEASE BRING A DISH TO SHARE**
- Event will take place RAIN or SHINE
- For more information contact Jim Cardman at (814) 392-6224 or the FPRA office at (814) 474-5077

PUMPKIN LAUNCH

SUNDAY, OCTOBER 18 FROM 2:00-5:00PM AT PLEASANT RIDGE PARK

The Fairview Parks and Recreation Authority (FPRA) will host their annual Pumpkin Launch from 2-5PM. This is a free public event for kids and adults. Pumpkins may be purchased and used to carve your favorite jack-o-lantern face or launched on our bungee pull. Land a pumpkin in one of the bins and win prizes! Concessions as well as fun

activities and games will be available. This event is held rain or shine and no reservations are necessary. Dress up in your favorite Halloween costume and join us for a fun filled afternoon! Visit our website www.fairviewtownship.com for directions to Pleasant Ridge Park or call the FPRA office at 814-474-5077 for further details.

**ACTIVITIES INCLUDE
FACE PAINTING,
HAY CLIMBING, AND
PUMPKIN BOWLING,
TO NAME A FEW**



Fairview Parks and Recreation

Fall 2015 Programs

REGISTRATION AND WAIVER FORM - FILL OUT COMPLETELY



READ AND SIGN THIS WAIVER AND RELEASE OF LIABILITY INDEMNIFICATION

In applying for registration in the program and facility, the following agreements must be endorsed:

- (1) I agree on behalf of myself and in behalf of my minor children to release and discharge the Fairview School District, Fairview Township, Fairview Parks and Recreation Authority, its officers, representatives, and employees from any and all liability and claims arising out of or in any way connected with any program being operated by the Fairview Parks and Recreation Authority. The applicant hereby assumes all risks of injuries or damages to the person on behalf of myself and any minors to which I am a parent or guardian which might occur as a result of participation in the program of the Fairview Parks and Recreation Authority.
- (2) I agree to abide by the regulations for operation of the facility used for the program, and regulations for the registered individual activity.
- (3) I further hereby agree to indemnify and save harmless the Fairview School District, Fairview Parks and Recreation Authority, Fairview Township, its officers, representatives and employees, from any and all liability that may occur to myself or members of my immediate family in any Fairview Parks and Recreation Authority program. This indemnification is to include and is not necessarily

limited to any and all cost of litigation, medical expenses, judgment, or subrogation interests.

(4) I acknowledge that passes and registrations may not be loaned or transferred; the permit and privileges associated with it are not transferable and will be lifted, if presented by any other person than the one to whom issued. We will consider your application for registration as acceptance of the above items. **THE SIGNATURE OF PARENT, GUARDIAN OR ADULT PARTICIPANT INDICATES ACCEPTANCE OF THIS WAIVER AND RELEASE OF LIABILITY AND INDEMNIFICATION.**

The waiver and release of liability must be signed before participation by adult participants or by a parent or guardian on behalf of minors. The Fairview Parks and Recreation Authority, Fairview Township and its Supervisors and the Fairview School District assume no liability for injuries that may be suffered as a result of participation in these activities as well as and including transportation to and from any class or program.

If you have read, signed and agree to the waiver and release of liability, fill out the registration form to include all necessary information (name, address, telephone number, class, etc.).

MAKE YOUR CHECK OR MONEY ORDER PAYABLE TO:
THE FAIRVIEW PARKS AND RECREATION AUTHORITY and mail to 7471 McCray Rd, Fairview, PA 16415

REGISTRATION AND WAIVER FORM - FILL OUT COMPLETELY

PARTICIPANT NAME	AGE	ACTIVITY	SESSION	LEVEL	TIME	FEE
T-SHIRT/JERSEY SIZE S__ M__ L__ XLG__ Youth or Adult						CHECK # _____ TOTAL

GUARDIAN _____ HOME PHONE _____ E-MAIL _____

ADDRESS _____ WORK HOME _____

CITY, STATE, ZIP _____ CELL PHONE _____

I HAVE READ AND UNDERSTAND THE WAIVER/RELEASE FORM

SIGNATURE _____ DATE _____